Daniel Whitlow, P-31994 WordsUncaged Submission (Poem)

"a healthy dose of not me" (2018)

* Author's Note: Hopelessness is a construct of oppression, an illusion used to weaken resolve and coerce surrender. An illusion is not real. Oppression's power is not real. Resist.

I have discovered the cure for myself—

in this disconnected wasteland of shuffling,

muffled footsteps, and bloodless, ashen faces;

lost to the spiked grasping of Detachment's undertow,

the ubiquitous scarab-beetle-skittering-across-my-brain is a product of habit,

a sadistic compulsion I cannot control.

a therapy to alleviate my burden on the world-

this is how it feels;

a remedy for the space I consume—

the darkness covers but does not break us

with lonely, cold concrete helplessness,

an existence without life, without color;

embrace obstinacy: refuse to accept nothingness and regret as everything,

the anguish of our circumstances is mortal.

a tonic to wash away my presence—

this is how it feels;

a treatment to remove the disease that is me—

the ice winds carry a sense of longing;

vast, left-alone-disregard for man and muscle,

walls of frozen granite and contagious denial,

I will not want for the sun—it will long for my flesh to bronze beneath its blistering gaze,

just on the horizon, there. I see what comes.

a medicine to amputate my rotten ends —

this is how it feels;

a poultice to arrest the infection I spread—

it is the dead face of a living idea,

the multitude of defeated convicted

by these deriding razor realities, lay motionless

in its wake and as time crawls on, so do they disappear. I see a gentle, sacred stream amidst

a barren desert of false assurances and heartfelt intolerance.

a easy solution to all our problems -

this is how it feels;